

Harm Reduction Therapy for Substance Use Disorders: Basic Principles and Strategies



Instructor:
Dr. Philip Tsui, LCSW, PSY.D.

Instructor Information:

Dr. Philip Tsui has over 35 years of experience in direct practice, training, clinical supervision, and management. He served as a Clinical Consultant/Supervisor to San Francisco Suicide Prevention, Inc. for over 17 years.

Dr. Tsui has managerial and supervisory experiences as Clinical/Program Director, Executive VP of Adult and Child Guidance in San Jose and is a member of the Board of Directors of San Francisco AIDS foundation.

He has published in the areas of cross-cultural psychotherapy and group psychotherapy and has taught several Continuing Education Courses with NASW California and Washington Chapters. He offers online courses through the California Chapter of National Association of Social Workers.

Course Description:

This course outlines the basic orientation and treatment principles of Harm Reduction Therapy (HRT) that has proven good success in the last decade in the treatment of substance abuse and dependence in diverse populations. It highlights the value-neutral, pragmatic, and client-centered approach of HRT in building rapport and developing therapeutic alliance with clients. It provides guidelines in the integration of assessment and treatment planning process in achieving the best outcome.

Date: July 16, 2024

Time: 9:00 am - 5:00 pm

Location: Virtual training- link will be sent to registrants

RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>

All other interested partners, please visit www.rcdmh.org/wet

Free to all registered participants

Continuing Education Credits: This course meets the qualifications for 7 continuing education units/credits/hours.

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Instructor Information: Dr. Philip Tsui has over 30 years of experience in direct practice, training, clinical supervision, and management. He served as Clinical Consultant/Supervisor to San Francisco Suicide Prevention, Inc. for over 17 years.

He was formerly the Felton Institute Senior Division Clinical Director

Dr. Tsui taught at California State University, Alliant International University, San Francisco State University and was previously the Clinical Assistant Professor at Smith College School of Social Work and served as a Core Faculty Member at New College of California

His managerial and supervisory experiences in human services organizations include serving in the following capacities: Clinical/Program Director of Richmond Area Multi-Services in San Francisco, Executive Director of Pacific Center for Human Growth/East Bay AIDS Project in Berkeley/Oakland, Executive Vice President of Adult and Child Guidance Center of San Jose, Director of Westside and Northeast Lodges of California Pacific Medical Center in San Francisco, member of the Board of Directors of San Francisco AIDS Foundation.

Dr. Tsui has published in the areas of cross-cultural psychotherapy and group psychotherapy and has taught several Continuing Education Courses with NASW California and Washington Chapters and made presentations at several professional conferences/training workshops in the USA, Taiwan, Tokyo, Singapore, Macau, and Hong Kong.

He has online courses offered through the California Chapter of National Association of Social Workers on “Managing Anxiety: Insights from Buddhist Philosophy” and “Law and Ethics in Social Work/Mental Health: A Case Approach.”

Audience: RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, associate-level and support staff providing client care in the public behavioral health system. Level of presentation: Intermediate - applicable to participants with working knowledge of the topic.

Seat #: 40

Location: Virtual training- link will be sent to registrants

Educational Goals:

Learn the basic orientation and treatment principles of Harm Reduction Therapy (HRT) which has proven good success in the last decade in the treatment of substance abuse and dependence in diverse populations. This training will highlight the value-neutral, pragmatic, and client-centered approach of HRT in building rapport and developing therapeutic alliance with clients. It will provide guidelines in the integration of assessment and treatment planning process in achieving the best outcome.

Learning Objectives:

1. Present the overarching perspective of Harm Reduction Therapy (HRT) as a “public health” perspective that holds that health exists on a continuum, as do dangers of ill health and it views drug use and its danger on a continuum as well.
2. Discuss and analyze how HRT avoids a moralistic perspective and focuses on differential strategies in working with different levels of harms to varying degrees of drug use in their psycho-social contexts.
3. Discuss and present how HRT respects autonomy and self-determination of clients and solicit clients’ collaboration in formulation and collaboration in treatment goal development and implementation of treatment strategies.
4. Present and analyze the continuum of drug use from non-use (abstinence), use, abuse, addiction, to persistent addiction and how the continuum of drug use is NOT an inevitable progression.
5. Develop skills and strategies in helping clients to understand and to analyze the cost and benefits resulting from their current level of drug use and in this manner, assist them to make informed decisions regarding their level of drug use.
6. Present and analyze stages of change in harm reduction of drug use behavior and approaches in working with them.
7. Develop and apply strategies such as “Functional Analysis” and “Decision Balance” to assist client to manage the psychological, social, and environmental factors that impinge on the treatment progress of their substance use issues/problems.

Course Outline:

1. Basic Orientation of Harm Reduction Therapy (HRT) for Substance Abuse and Dependence
2. Treatment Implications of HRT Orientation.
3. Understanding the Continuum of Drug Use.
4. Understanding Stages of Change and Approaches in Working with Them.
5. Assessment as an Integral Part of the Treatment Process.
6. Decisional Balance: Functional Analysis and the Development of Treatment Plans.
7. Interrelated Factors in Drug Use--Pharmacological, Psychological, and Environmental.
8. Understanding the distinction of etiological factors versus functional factors in working with substance use disorders.
9. Involving Family and Support Network in the Treatment Plan.
10. Four Cornerstones of Effective Treatment of Substance Use Disorders.

This course meets the qualifications for 7 continuing education units/credits/hours.

Continuing Education: Course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 7 Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1225 & 3-22-341-0526 for 7 CEH'S

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: If you haven't received your CE certificate within 10 days after the training, please email Germeen Armanious (Gina) at g.armanious@ruhealth.org. Please include the following information in your email request: full name, title and date of training, and certification or license number.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

“Camera On Required Throughout Training”

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host/>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance

policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).